

# Pyramid Writing Exercise

Every word counts in this exercise. The challenge for this writing assignment is to focus on word selection. Start with a single word--a one word sentence. As you build your story or essay try adding a word to each sentence. So, sentence two contains two words. Sentence three, three words, etc. Think of it as a pyramid where each individual brick is a word and each level (sentence) contains an increasing number of bricks/words.



The writing for this exercise demands that you pay attention to economizing your words and being intentionally concise.

Here's an example to get you thinking:

*Daylight. Nothing more. It arrived unwanted. It arrived without pity.*

Again, think of using a section of the Hero's Journey as your starter idea.

## Departure

The Call to Adventure  
Refusal of the Call  
Meeting the Mentor  
Crossing the First  
Threshold  
Belly of the Whale

Atonement with the  
Father/Abyss  
Apotheosis  
The Ultimate Boon

## Initiation

The Road of Trials  
The Meeting with the  
Goddess  
The Woman As Temptress

## Return

Refusal of the Return  
The Magic Flight  
Rescue from Without  
The Crossing of the Return  
Threshold  
Master of Two Worlds  
Freedom to Live

